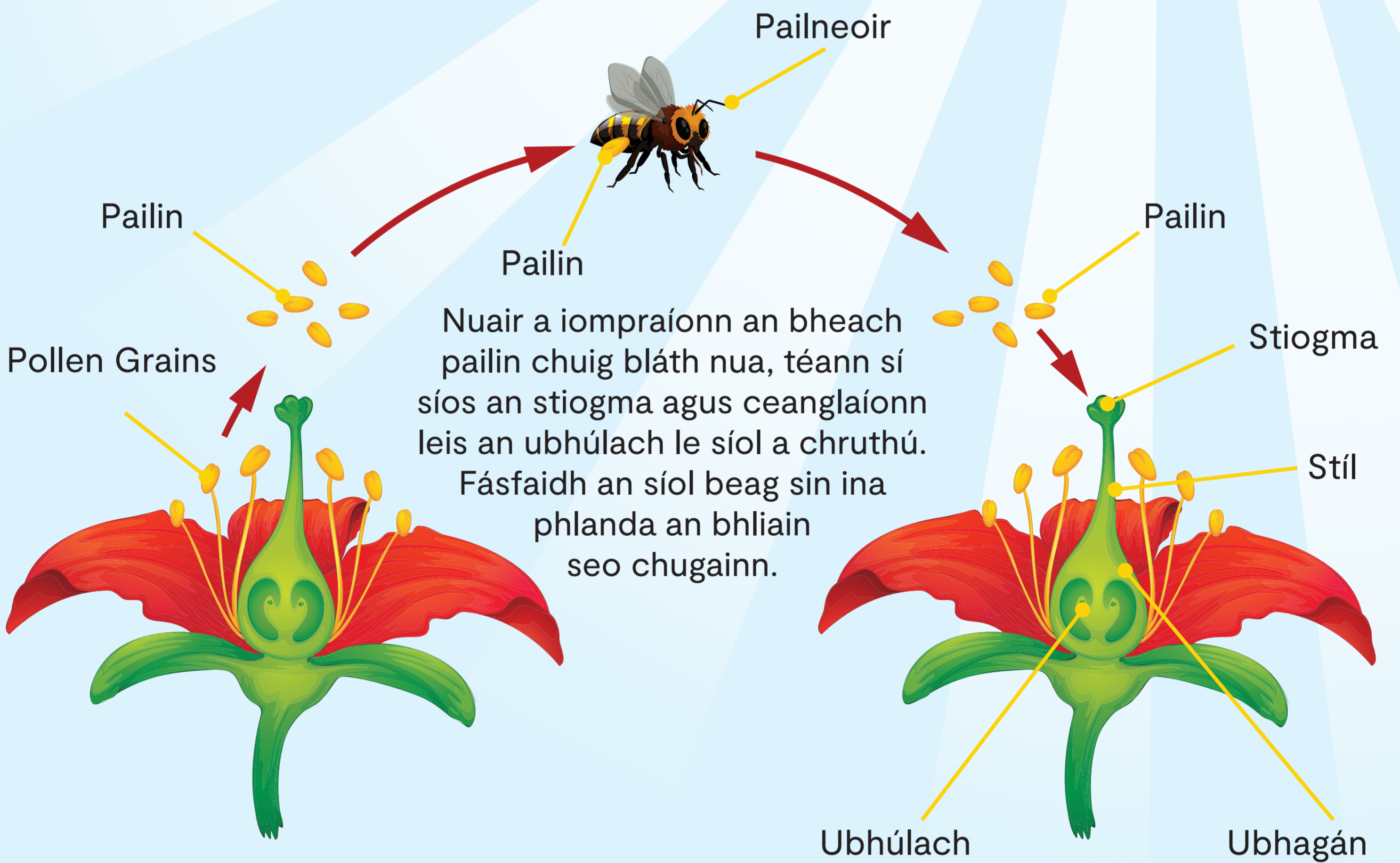


ANATAMAÍOCHT AN BHLÁTHA



CUIR TIC LEIS NA CÁRTAÍ ATÁ CURTHA LEIS AN GCAIRT BHALLA!



SPRING

WILLOW

They flower in early Spring. The flowers are called Catkins and they have lots of pollen and nectar – perfect for hungry bees waking up from hibernation!

SuperValu

SPRING

WHITETHORN

This is also known as the fairy tree and it is said to be very bad luck to cut it down. Whitethorn produces flowers for bees in Spring and berries for birds in Autumn.

SuperValu

SPRING

CRAB APPLE

It has pinkish flowers that bees love. Once they've been pollinated you get tiny little apples. They are too bitter to eat but you can use them to make apple jelly!

SuperValu

SPRING

DANDELION

They provide food for hungry bees in Spring. Let children eat the leaves in Summer, and then provide seeds for birds in Autumn!

SuperValu

SPRING

DEAD-NETTLES

It has bright orange pollen that bumblebees love. It flowers early in Spring when there isn't much food around. It's good to let it grow in your garden if you can.

SuperValu

SPRING

BERBERIS

It originally comes from South America – bees love it because it flowers in Spring when they are very hungry after waking up from hibernation!

SuperValu

SPRING

BROOM

This is a garden shrub with yellow flowers that smell like vanilla and has lots of pollen for bees. After it has been pollinated you get long seed pods that pop in the sun in Summer!

SuperValu

SPRING

GRAPE HYACINTH

You can plant these bulbs in Autumn. In Spring they will produce lots of lovely purple flowers that look like a bunch of grapes! Bees will visit to collect their pollen.

SuperValu

SPRING

VIBURNUM

It produces lots and lots of white flowers that bees love. Sometimes so many bumblebees will visit that it sounds like the whole shrub is buzzing!

SuperValu

SPRING

LUNGWORT

Bees love Lungwort because it has lots of nectar to give them energy. It is a great plant to have in the garden in Spring.

SuperValu

SPRING SUMMER

COMFREY

Comfrey flowers for a long time and is one of the very best plants for bees. Bumblebees especially love it!

SuperValu

SPRING SUMMER

WALLFLOWER

Wallflowers are a great plant because they flower for a long time. They provide nectar and pollen for bumblebees and solitary bees.

SuperValu

SPRING SUMMER

PHACELIA

The seeds grow very quickly and produce lovely purple flowers that honeybees and bumblebees love. The flowers have huge amounts of nectar!

SuperValu

SPRING SUMMER

ROSEMARY

Rosemary begins flowering in Spring. Hungry queen bumblebees can often be seen feeding on it when they come out of hibernation. It is also very useful in cooking!

SuperValu

SPRING AUTUMN

HEATHERS

The Spring and Autumn-flowering garden heathers are very popular with queen bumblebees!

SuperValu

SPRING SUMMER AUTUMN

BORAGE

This herb is great for short-tongued bumblebees and honeybees. It will flower for a long time and provides lots of nectar. The petals can also be used to make salads more beautiful!

SuperValu

SUMMER

SELF-HEAL

Bees love this little purple wildflower. It grows in grassy places. In the old days people used it as a form of medicine.

SuperValu

SUMMER

OXEYE DAISY

This wild flower looks like a giant daisy. It has huge amounts of pollen and nectar. Solitary bees love it!

SuperValu

SUMMER

ALLIUM

It is good to plant Allium bulbs in Autumn. By Summer, each one will have produced a big ball of purple flowers that bumblebees love.

SuperValu

SUMMER

SCABIOUS

These lovely blue garden flowers will provide lots of food for bumblebees and solitary bees.

SuperValu

SUMMER

LAMB'S-EAR

This plant is very hairy. It is the Wool-carder bees' favourite plant! It collects the hairs and brings them back to make its nest nice and cosy!

SuperValu

SUMMER

CALAMINT

This is an amazing plant for bumblebees. If you have it in your garden or school, you'll hear it buzzing as you pass by! It has lots of pale purple flowers that bees love.

SuperValu

SUMMER

LAVENDER

Everybody's favourite, including the bees! If you have Lavender in your garden, it will be buzzing with bumblebees in the Summer!

SuperValu

SUMMER

SUNFLOWERS

They produce huge flowers that attract many insects, including bumblebees and honeybees. In Autumn the seeds provide food for birds.

SuperValu

SUMMER

BIRD'S-FOOT-TREFOIL

This wildflower will brighten up most grassy places if you allow it to grow. It has very nutritious pollen and helps bees to stay healthy.

SuperValu

SUMMER

CLOVER

Clover is the little flower that adds colour to your lawn if you don't out the grass as often. You can get Red Clover and White Clover. Bees love both!

SuperValu

SUMMER

THYME

Thyme is a brilliant herb that provides food for bumblebees and honeybees. It also smells great and you can use it in cooking!

SuperValu

SUMMER

OREGANO

This herb is very easy to grow. Bumblebees and solitary bees love it and it is great for cooking!

SuperValu

AUTUMN

RUDBECKIA

This lovely yellow plant flowers in the Autumn and provides food that helps bees to fatten up before they go into hibernation.

SuperValu

AUTUMN

ASTER

This is a lovely plant that flowers well into the Autumn. It provides food that helps bees to fatten up before they go into hibernation.

SuperValu

AUTUMN

EUPATORIUM

This has large purple flowers. It provides food for all types of bees and is especially useful as it will flower late into the year.

SuperValu

AUTUMN

KNAPWEED

If there was a prize for most nectar, this bright pink wildflower would win! It is a very important food source for bees in late Summer and Autumn.

SuperValu

WINTER

MAHONIA

It is a very spiky shrub with bright yellow flowers that are full of nectar. It flowers in Winter and is an important garden food source for bumblebees who wake up early from hibernation.

SuperValu



WINTER

CROCUS

Plant Crocus bulbs in the Autumn. The little flowers will pop up very early in the year and provide hungry bumblebee queens with lots of pollen when they come out of hibernation.

SuperValu

